SERMON APPLICATION GUIDE

1 Corinthians 3:1-3

DISCUSSION 1: FLESH VS SPIRIT

1. **Ice-breaker**: When was a time in your life when you felt like you spiritually grew the most?
2. Read Romans 8:9-17 and Galatians 5:16-17. What are ways we might know we are walking in the flesh and not the Spirit?
3. What things tempt us to walk in the flesh rather than the Spirit? What things encourage us to walk in the Spirit rather than the flesh? How do we adjust our life accordingly to avoid fleshly temptations and cultivate the things that help us grow?

DISCUSSION 2: MATURITY VS IMMATURIY

1. What might be some signs or symptoms of immaturity, weakness, or being spiritually stunted for a Christian? What might be signs and symptoms of spiritual maturity?
2. How might things like selfishness, consumerism (in life and in how we approach our faith and the Church), misplaced priorities, busyness, and idolatry keep us from growing in Christ?
3. As we mature, we will likely fight our sin more at the heart-level and get after core issues rather than focusing only on the surface-level problems. Why is it so essential to fight sin at the levels of our desires, thoughts, and worship and not simply try to change behaviors?
4. How might a Christian who takes fighting sin seriously look differnet from one who isn't seriously fighting sin? When do you know if you are really fighting sin or being casual with it?

DISCUSSION 3: BEFORE & AFTER

1. What is the area in your life you'd like to see transformation take place?
2. In light of the last two weeks in this sermon series, how are you approaching that area of your life differently? What have you or are you trying different to see transformation happen? What is making transformation difficult?
3. How can this small group encourage you as you seek to know Jesus more and fight sin to see transformation take place in your life?

FAMILY DISCIPLESHIP QUESTIONS

1. What are things we can do to grow up or mature in Christ?
2. What is the one area of my life right now you want to see God transform?

APPLICATION

- **Group:** Come up with a way—pairing people up, splitting into men and women, etc.—to provide smaller groups for accountability and encouragement over the next three weeks. Seek to be honest and specific when it comes to where you'd like to see transformation, and also specific and personal when it comes to your game-plan for pursuing transformation.

- **Group:** Take time—whether it be in small group or outside of it over a meal—to share your testimonies of coming to faith, including where you've seen God's power at work in changing you and giving you new life. Allow this to lead to worship and greater trust that God will conintue to change us.

- **Individual:** Pick one area of your life you'd like to see transformation happen during this series. Spend time reflecting on your life and asking God to reveal what area that might be, if it's not obvious. Share this with others in your small group, family, or close friends. Come up with practical, specific, but attainable steps to pursue knowing Christ more, putting off sin, and putting on Christ-likeness as you pursue transformation by God's help.

- **Individual**: Join the Wednesday night Equipping Class: Fighting for Joy: Battling Life's Everyday Struggles. In this six-week class, we will look at common Christian struggles (such as anxiety, addiction, joylessness, depression, anger, etc.) and how we might fight against them. Consider attending as you seek transformation during this sermon series. Learn more at fishers.yourchurch.com/events.

FOR FURTHER STUDY

- For a book on transformation, see *The Hole in Our Holiness* by Kevin DeYoung; *How People Change* by Paul Tripp and Tim Lane; *Gospel Wakefulness* by Jared Wilson; *Idols of the Heart* by Elyse Fitzpatrick; *You Can Change* by Tim Chester; *Adorned* by Nancy DeMoss Wolgemuth.